

It's a Happy Happy World

A Community Arts Project
June to September 2018
Jeffrey Tan & Vincent Yong

Introduction

This booklet captures the co-creation process and reflections of the collaborators and participants of the Community Arts Project (CAP), 'It's a Happy, Happy World'.

When I saw the call for proposals in November 2017, I wanted to extend the work I have been making with non-performers i.e. 'Open Homes', where ordinary folks transform their homes into intimate theatres for storytelling. Also fresh from 'Into the Blue Forest' an interactive intergenerational play for the Artground's '100 and 100 More' festival, I wanted to experiment to see how the idea of an intergenerational project can be extended to the community. I approached Vincent Yong, a Somatic Artist because we have known each for some time but never had the opportunity to collaborate.

The Process

'It's a Happy Happy World' is an intergenerational CAP that explores Happiness through the eyes of both seniors and youths. I started this project because I wanted to find a platform for dialogue and exploration about intergenerational communication.

- How can the arts provide a safe platform for diverse people to meet?
- What does it take for intergenerational communication?
- What makes the participants (youths and seniors) happy?
- Are there similarities or differences in what makes us happy?
- What are the elements that make a happy living community?

We started the project with a taster workshop in early May 2018 for the seniors to get to know both Vincent and myself. We eventually had a sign up of 18 participants from the long list of 30. Many could not commit to the weekly schedule or were just too shy to take part.

There were three stages to the project. Stage One consisted of a four sessions of workshops on basic storytelling and four sessions of movement workshops. The focus of this first stage was to get to know each other, brainstorm and stocktake what happiness means for the participants and to establish some common storytelling and movement vocabulary.



The biggest priority was to build the confidence of the many first timers to feel comfortable on stage, and being aware of

the various elements of performance from voice to storytelling. For the movement workshops, the aim was to develop recognition and connections between what they felt inside and how they were moving.

Stage Two was another eight workshop sessions, this time with the youths joining in. This stage incorporated the youths' ideas of Happiness into a script and an exhibition to be presented at the Silver Arts Festival 2018. Much of the time was spent on understanding the differences between youths and seniors, and adjusting their speech and movement to accommodate each other. For many of the youths, it was a new experience communicating with seniors.

Stage Three was the performance and exhibition at Kampung Admiralty. As many were performing for the first time, the approach both Vincent and myself took was to celebrate the process rather than drill the performance to perfection. The process involved fine-tuning the moments and reflecting on the purpose and intentions of each section. Thus, I opted for narrative solo lines to set and frame the piece and more

naturalistic dialogue from the participants in most of the everyday scenes. From one of the workshops, I also discovered the power of one-on-one storytelling and the joy of group singing and dancing, which we incorporated into the final presentation.

Vincent, on his side, approached his work of training movement and dance from a somatic approach helping seniors learn movement and choreography from their level of physical accessibility and emotive capacity. Motivating the participants via humour and their personal context, the process was personable and safe both physically and emotionally, and helped clarify links between lines and movement.

The final structure of the show had three sections. The context of why Happiness was important for both youths and seniors, personal storytelling, and community sing-and dance-along. The overall effect was to create a happy environment for both the participants and audience to experience a happy environment in Kampung Admiralty.

The Outcomes

Were we successful? Very much so, looking at the rich interaction of both the seniors and youths, who started as strangers but later became friends, and the participants' sense of pride and confidence to engage strangers in the audience and at the exhibition.





Exhibition at Kampung Admiralty, 6th to 12th September 2018



Exhibition at Asia Square, 13th to 30th September 2018

There was an invitation to extend the Project's exhibition to Asia Square. A handful of seniors from Kampung Admiralty actually planned a day out to the exhibition to volunteer as tour guides. It was a joy to see the office crowd being charmed by the energetic seniors.

At the end, we completed the project with a new community of friends: 18 seniors, 5 youths, and 47 Facebook contributions for the exhibition. We exchanged greetings, shared ideas about health, family and the arts on WhatsApp! All quotes about Happiness are captured in this book. This project has fostered friendship among workshop participants and even those at the NTUC Health Active Ageing Hub who did not participate, building a community of smiling faces at Kampung Admiralty.

To conclude, intergenerational projects need care, patience and space for the individuals to discover, engage and learn from each other. We cannot force art, like we cannot force people. Mindsets can change with lived experience. Let's keep spreading the joys and happiness of what we can do with people who are open and ready to engage. Only then our environment can have positive vibes for connections!

Artist Bios

Jeffrey Tan is a Theatre Director, drama educator who has worked with different communities from children, youth and seniors. This is Jeffrey's third community project with the National Arts Council after 'Capture that Love' (2015) and 'Open Homes @ Silver Arts'

Vincent Yong is a Somatic Artist who bridges the science and art of movement and perception for personal healing and social integration.



100 Mirrors About Happiness

...

An interactive part of the show was responding to the It's a Happy Happy World Exhibition.

Pick a random mirror and reflect whether you agree or disagree.

The last four mirrors are for you to capture your own thoughts.



M1



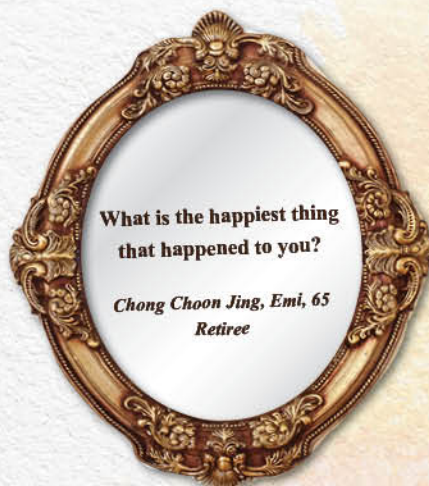
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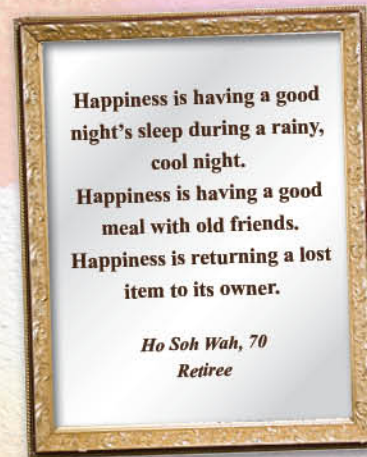
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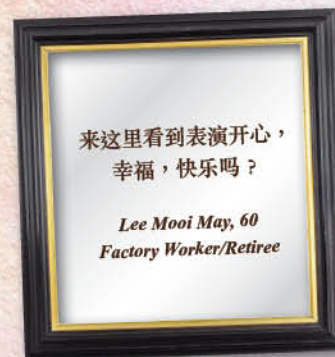
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M4



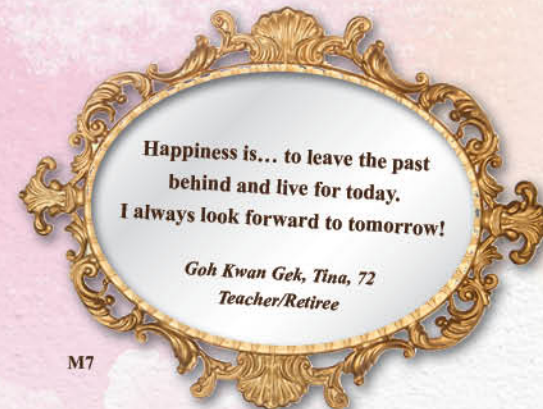
M8



M10



M6



M7



M9

What makes me Happy?

M11

We are Happy when...

M16

Kawan-kawan yang baik hati, pergi makan sama-sama. Ada duit baru senang. Jalan-jalan di __ bersama kawan dan keluarga.

Noor Kamariah Binte Mohamed Yassar, 63
Homemaker

M13

Are you happy now?

Lim Gek Hong, 62
Homemaker

M12

Happiness is longevity and healthiness.
An apple a day keeps the doctor away and me happy.
Happiness is peace in the world.

Tan Siow Bee, 68
Homemaker

M18

幸福是：爱心，宽容，我爱人人，人人爱我。

Soh Siew Huay, 67
Homemaker

M17

Happiness is having a family dinner together.
I am happy because I am in this workshop group.
I am happy when I am travelling with my family.

Saroj Kumari d/o Mohan Lal, 64
Homemaker

M15

Happiness is being healthy.
When you have good health, you can go out and meet your friends.
Be good to people.
Be good to everybody and anybody.

Noorzakiah Binte Kamari, 59
Homemaker

M14

幸福是什么？
每天过得开心吗？
满足现在的你吗？
你觉得什么另你最开心？
觉得现在幸福吗？

Wai Sui Yin, Janet, 62
Tea Lady/Retiree

M20

开心是无烦恼。
开心使你健康。

Tan Toh Swee, 66
Electrician/Retiree

M19

What makes you Happy?

M21

开心，幸福，是：身体健康，
活跃人生。
与子孙同乐。参与自己喜欢的
活动，与朋友们一起享受
欢乐时光。

*Wong Siew Lan, 64
Pre-School Chinese Teacher/Retiree*

M23

Happiness is to enjoy
eating durians with
friends, go shopping with
friends and learning
cooking with friends.

*Wong Mimi, 68
Tea Lady/Retiree*

M22

Happiness to me is spending
quality time with my loved ones;))

*Abu Bakar Bin Mohamed Kamal, 18
Student*

M24

A Happy Friendship is...

M25

Happiness is looking
at or thinking of
something that
brings a smile to
your face.

*Huang Sihui, 17
Student*

M27

To me Happiness is priceless,
Which makes it hard to get.

To get permanent Happiness,
one must work a lot
and struggle a lot
before getting it!

*Noorul Marliyyah, 18
Student*

M29

Happiness is doing,
being with someone/
something you love,
Having a smile on
your face!

*Low Xin Yee, 17
Student*

M26

Happiness is
something that makes
my heart at ease and I feel
enlightened. It would make me
smile with my teeth showing.

*Nurdamia Bte Sardi, 18
Student*

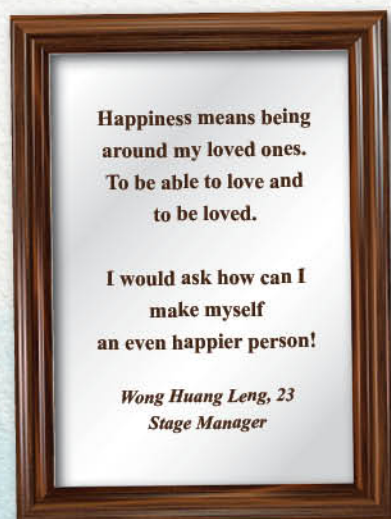
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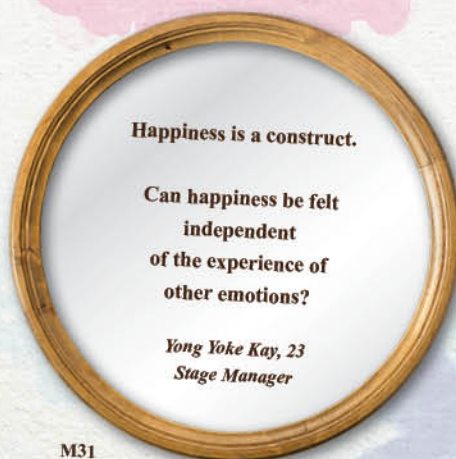
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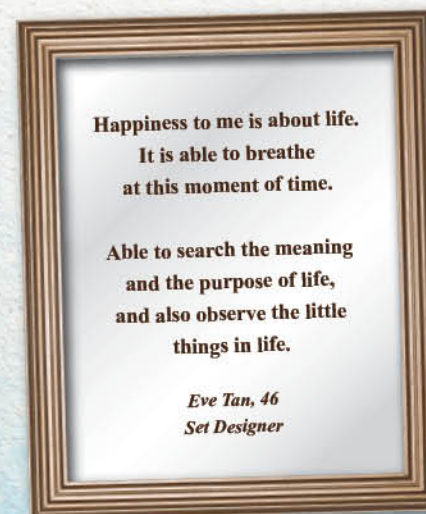
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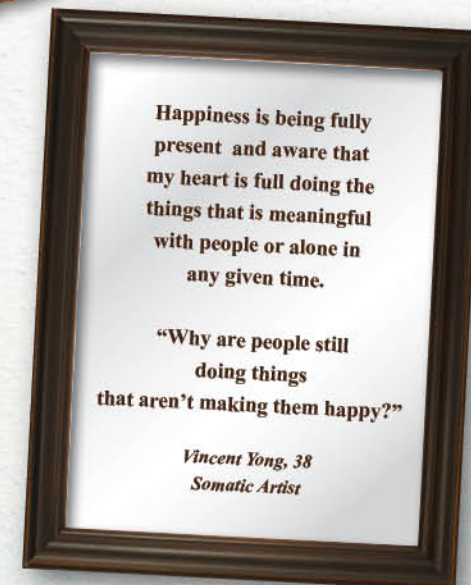
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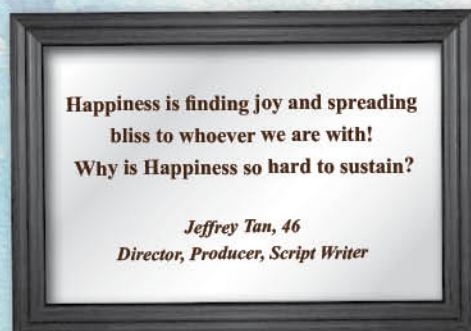
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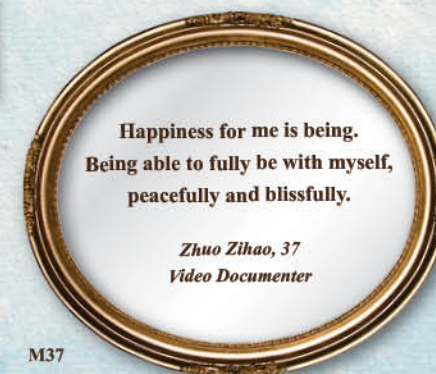
M36



M35



M33



M37

A Happy Life is...

M38

Being Happy requires one to...

M40

Ten questions to find happiness...

1. What do I need to change in order to be happy?
2. Is my health where I want it to be?
3. How much money do I need?
4. Are my relationships going well?
5. How am I making the world better?
6. Am I spending time on what I value most?
7. What am I grateful for?
8. How do I connect with the spiritual in my life?
9. Am I happy with my career?
10. Am I living the life I choose for myself or is it someone else's ideal?

M39

Happiness is being able to
play my piano all day without
thinking about teaching.

Does it mean differently for different people?

*Saedah Samat -Alkaff, 51
Music Teacher*

M42

幸福是能活在当下！

華育欣, 28
舞者

M41

The truth is Happiness!

*Irene Ang,
Founder, CEO,
Fly Entertainment Pte Ltd*

M43

Happiness is love and
sharing with others!

What happens should we share?

*Bibik Sambal Belacan, 60
Radiographer Assistant by day,
Performer by night*

M44

Happiness is when you see your family
and friends health and happy.

How does one measure happiness?

*Viknesh Appanasamy, 28
Postgraduate Student*

M45

Happiness always...

M46

Happiness is a peace of mind.

Why do people like to dictate
what happiness means to
everyone else?

*Sharon Chia, 38
Communicator*

M48

Happiness is being at peace and
feeling joyful with oneself
and others in the present moment.

How can happiness reach
all corners of the world?

*Patricia Cheng, 45
Family Member of The Theatre Practice
and Advocate.*

M50

Happiness is family!

*Rama Chandran, 62
Theatre Director, Author*

M47

**Happiness is a life that is significant
and purposeful.**

*Clement Chow, 58
Producer*

M49

Happiness can be a choice.

Can we find/create new meanings
to the word 'Happiness'?

*Michael Cheng, 41
Applied Drama Practitioner*

M51

Bringing Happiness to other feels...

M52

**Happiness is just waking up
each morning and being
able to be who I am.**

May I wake up tomorrow?

*Jeremiah Choy, 56
Free Lance Consultant*

M53

**Happiness is my grandmother's
sambal belachan.**

At work, happiness is
a shared lightbulb moment.

How can we make you contagious?

*Kamil Haque, 36
Artistic Director*

M55

**Happiness is energy I live in,
I see things through and I go forward with.**

Is it okay to ignore others' misfortunes
to protect my own happiness?

*Kimi Kim, 45
Teacher, Korea*

M57

**Happiness is when
mom's taken off two types of medicine
after a year of managing her diet
and eating hours.**

What is the difference between
Happiness and Joy...?

*Chua Sock Hwang, 40s
Caregiver*

M54

**Happiness to me is
being at ease with myself.
Ignoring the rat race of
striving for the top in life
as I have achieved
what I need and able
to provide for my loved ones.**

Do you define happiness as a
one-time joyful experience
or a perpetual mood?

*Vincent Kee, 21
Student Athlete /Musician*

M56

Happiness begins with...

M58

Happiness is having a glass of wine overlooking the emerald green sea and turquoise blue sky. Heavenly.

*Koh Beng Hong, 40s
Social Sector Worker*

M60

Happiness is bringing joy to others and finding peace within my soul.

Do you derive happiness from others or from yourself?

*Jo-Anne Lee, 48
Mother, Friend, Daughter, Faith Seeker*

M61

Happiness is a mindset.

Can another person change your mindset?

*Joyce Lim, 50
Human Being*

M63

Happiness is accepting your imperfections and focusing on making the world a better place to live.

How can we discover and appreciate happiness better?

*Paul Ko Xiao Hu, 20
Full-Time Theatre Student [Diploma in Theatre (English Drama); NAEA]*

M59

Happiness is the moment when I have discovered a really good film or a wonderful piece of Art.

Happiness is also formed by the many moments of joy and laughter spent with my kid, my wife and my loved ones.

Is true happiness sustainable, and is life simply made up of an endless pursuit of happiness?

*David Lee, 39
Film Programmer*

M62

*I feel
Happiness is...*

M64

Happiness is valuing gratitude and then contentment.

Why can't everyone find that?

*Karen Lim, 38
Banking Processing Specialist*

M65

Happiness is when we feel love ❤️

Do we have to know sadness in order to appreciate happiness?

*Joanne Liu, 32
Freelance Artist and Art Educator*

M66

Happiness is seeing contentment on a person's face, knowing that there is genuine smile that shows.

*Shalyn Lim, 17
Student*

M67

Happiness...
As a Mum: to see my children becoming well-balanced, caring and happy adults.

As an educator and a human being:
giving and sharing to bring a smile on a face.
Best reward I ever had

As a learner: never to stop the process & embracing the world with its variety of cultures, what can they bring to each of us

As a dreamer:
If I ever have the chance to have a second life, I would want to be a bird to see the world from a different vision..

But also I would want to be:

- A Bird of Prey for its power and strength to cross the world and see my family and friends who are so far away

- A Dove to send you Peace and Love

- A Parrot for his colours would brighten your grey days

- An Albatross for his large wings would shelter you from the pain

- A Nightingale for its songs would lift up your spirit

- Any birds messengers to tell you how much I care for you

Do we really need to go through dark times to appreciate even more happiness?

*Thi-Liên Margaillan - just turned 46 🥰
Drama Educator*

M68

People who make me Happy...

M69

Happiness is finding joy within oneself
and in the present moment,
in a state of equality.

Can Happiness ever be too much?

*Dr. Pallavi Narayan, 33
Academic and Editor*

M70

Happiness is to sleep deep
after a warm bowl of Tau Huey.

Happiness is to wake up
raring to do something bold and special.

Happiness is to revel in
ridiculous musings.

Can you manufacture happiness
and sell it like spring water?

*Ng Swee San
Lecturer & Writer*

M72

Happiness is being able to live a
meaningful and purposeful life.

How can we help to pay
happiness forward?

*Elaine Ng, 45
Arts Educator*

M71

Happiness is
when one is on a state of
well-being and contentment.

Happiness or bliss?

*Annie Pek, 62
Festival and Show
Producer*

M73

Happiness is
where you let it go.

*Siti Petom, 67
Housewife*

M74

Things that make me Happy...

M75

Being happy without
wanting more but
enjoying what I already
have
- health, family, friends, a
reason to live,
healthy living environment!

*Pucho,
Lecturer*

M77

Happiness is having meals together
with your loved ones.

Can happiness replace love?

*Saliza Ramilan, 51
Freelance Trainer and Course Consultant*

M79

Happiness is being content with
what you have and not yearning for more.

Is it really possible to be truly happy?

Nur Sakinah Rahmat- Lim, 26

M76

Happiness is when you know
that your loved ones are there
always for u.

Is there sadness behind every
happy man?

*Kanapathy RK, 46
Public Servant*

M78

Happiness is to have time
for yourself only!

*Raaul, 40
Teacher*

M80

Places that make me Happy...

M81

Happiness is undisturbed
sleep of 8 hours.

Sharon, 21
Preschool Teacher

M83

Happiness is being content,
being with family,
having freedom to make choices
to help others, and having
reasonably - priced clean water.

Would a person be content/happy
if he/she has lived at full life
but is totally alone and dying?

Mary Soon, 75
Semi-retired (and happy about it!)

M85

Happiness is a walk along
the beach with my dogs.

Robert, 39
Teacher

M82

Happiness is living the life
you believe in.

Can one person's happiness
be another person's misery?

Rosemarie Somaiah, 62
Storyteller

M84

Happiness is to be
stress-less and carefree!

Tan Ah Tee, 72
Retired Senior Marine
Manager, now traveller.

M86

Food that make me Happy...

M87

Happiness is something we must
find within.

To establish a state of life, in which
we are never defeated by difficulties,
and where just being alive
is a source of great joy.

Putting on a smile a sign of happiness
or a cause of happiness?

Melvin Tang, 33
Civil Servant

M89

Happiness is happiness.

Why did people ask/find/think/
etc about happiness?

Aii Wijaya, 38
Visual Artist, Indonesia

M91

Happiness is watching my very
frail Mother reaching the end of
her lifeline slowly realising that
soon, she will leave her worldly
sufferings behind, to embark on
her crossover onto a joyous after
life of eternal bliss & so she can
rest in peace!

We all believe in the eternal
'happily ever after'. Yes?

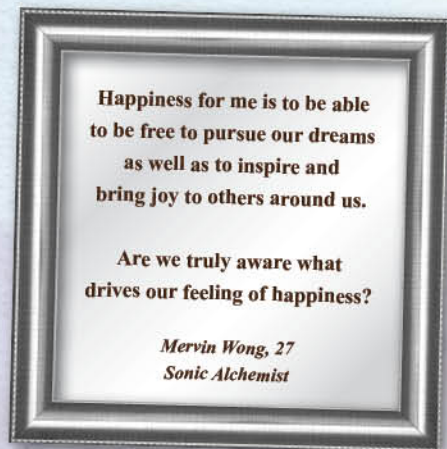
Baba Rich Tan, 62
Retired Senior

M88

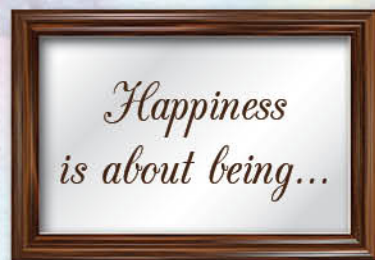
Happiness is feeling
you've struck a balance
between mental and
physical exercises.

Ekachai Uekrongtham,
Film Director, Producer

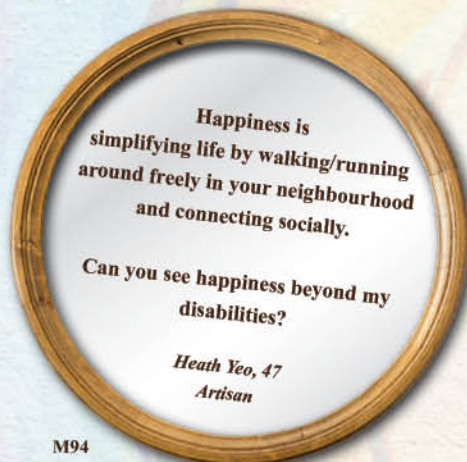
M90



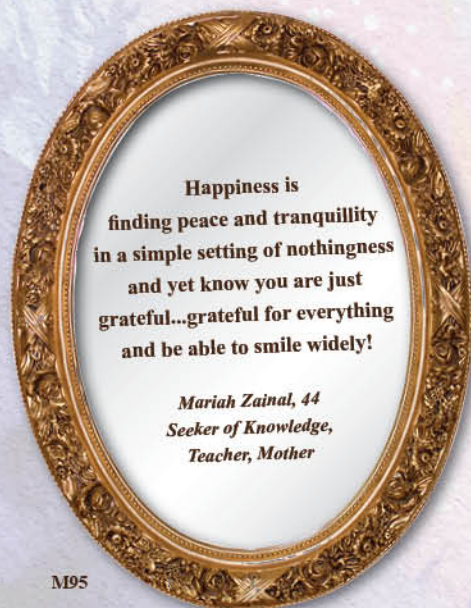
M93



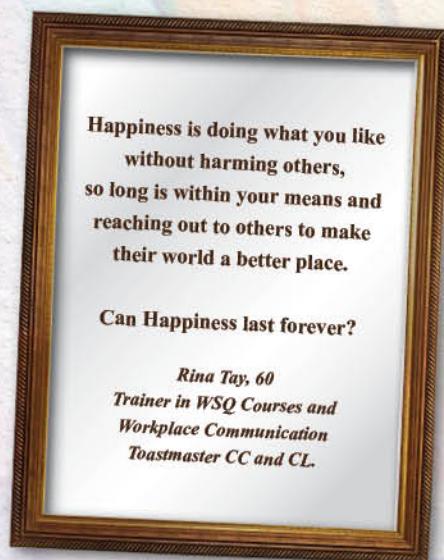
M92



M94



M95



M96

Make a list...

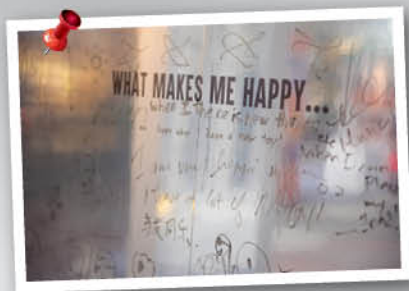
MUSIC THAT MAKES ME HAPPY...



M97

Draw

WHAT MAKES ME HAPPY...



M98

Write

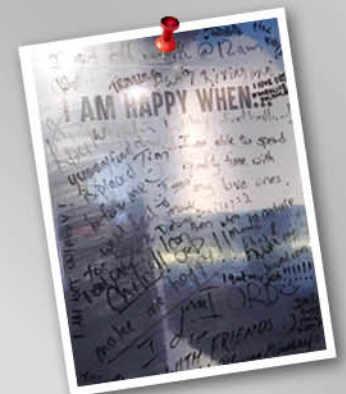
HAPPINESS IS...

A large, vertical, rounded rectangular area for writing, currently blank.

M99

Draw

I AM HAPPY WHEN...



M100

Participants' Reflections



“ 当我还没踏进这个大家庭之前，早上起床无所事事，也没什么消遣，没什么想法，一天过一天，浪费时间。

自从来到这大家庭以后，参加一切的活动，也学到了许多，和大家相处很快乐。学了无数活动技术，好开心好活跃。

Chia Tien Hua, Mary, 74

“ I used to think... drama is a child thing.
Now I think... It is something for us to relax and enjoy the activities.

Chong Choon Jing, Emi, 65

“ I used to think...
I must learn new skills. Now, I think...
No restrictions,
dance expressions! ”

Chng Mui Leng, Doreen, 53

“ I used to think... my life was normal like nothing. Now I feel happy. I enjoy my active life.

Lucy Chua, 66

“ I used to think...
I have to memorise the script and act it out.
I now think...
I am free to act and say the way I feel.
I feel very happy. ”

Goh Kwan Gek, Tina, 72

“ I am now 70 years of age. in my younger days, I only watched others performing but had no chance of participating because I was afraid of speaking on stage and facing many people. Only, now, I take this opportunity to join this drama class and get to try and perform, making up for what I have missed in my younger days. I am very happy and contented. Thank you for giving me this opportunity! ”

Ho Soh Wah, 70

“ 没乐之前，一切生活平淡。不知道自己能有这个机会学习演戏。
参与之后，和大家分享所有，感觉非常好。
很开心，谢谢老师的教导。让我学到很多知识。 ”

Lai Ming Yook, 59

“ I used to think...
我以前38岁。
现在，我每个星期六很开心。
变成18岁。 ”

Lee Mooi May, 60

“ I used to think... that drama is a frightening experience.
Now I think... it is an enjoyable, exciting experience.

Lim Gek Hong, 62

“I used to think... Sebulum kak dad takut pun kerana pagi saya bajalan kaki dan bu chakap degan kawan-kawan ada cina dan india.

(Before this I was not afraid because I often talk to my Malay and Chinese friends when I go for morning walks.) I now think... Rasa Kak Noor Bagus dan ramai kawan yang baik.

(I feel good because I made many good friends.) ”

Noor Kamariah Binte Mohamed Yasser, 63

“I am happy to come here and join everyone as a team in ‘It’s a Happy Happy World’ workshop. In the beginning I felt so lost, now I am so excited and I enjoy being here, I feel that this workshop is very interesting. I learn a lot of new things and it’s getting more and more exciting having the seniors and juniors together. ”

Saroj Kumari d/o Mohan Lal, 64

“I used to think... I don’t understand what drama is, I don’t feel confident, I feel shy. I know more about drama better. More confident of myself, and not as shy anymore. ”

Noorzakiah Binte Kamari, 59

“我不敢直视人群，大声讲话。从大家共同完成任务。我很高兴成为这个项目的一份子。我很期待，激情，爱，和幸福。 ”

Soh Siew Huay, 67

“再加入之前，我对这里的活动一无所知。在一偶然的机会踏入这里成为义工。成为这里的一员，有机会学到很多知识，活动不到本各名--参观。很开心。 ”

Tan Toh Swee, 66

“I used to think... before I come here, I am shy. I now think... now I come here, I feel happy and I learn a lot of things. ”

Tan Siow Bee, 68

“没来之前，还不知道自己还可以变得很年轻。
还学会表演。团体在一起跳舞唱歌讲故事。
通常都是去走走吃吃喝喝过时间。
在家里无聊玩玩电话看电视。现在的我每次都期待礼拜六的到来。大家可以开开心心，一起相碰表演，跳舞。还学会讲故事，演戏。整个人变得像学生的时代。谢谢老师们的教导。”

Wai Sui Yin, Janet, 62

“I used to think... I like to join drama class because I never ever enjoy my life since I was young. I now think... after joining drama class, I feel happy and learn a lot of drama and dance. I am very happy with my life after having this drama class. I learnt a lot of acting, and have fun with all my friends. I also met more new friends and now look happy and young.”

Wong Mimi, 68

“I used to think... 未能发挥自己的潜能。I now think... 不会怕见到观众。能够表现外-场面，学习面对所有观众的眼光。感觉是‘学无止尽’，‘扩大视野’。”

Wong Siew Lan, 64

“I used to think that I would not enjoy doing these sort of shows but now I've grown to realize that to truly know for yourself, you must try it out. It has been a surprisingly enriching and fulfilling experience.”

Abu Bakar Bin Mohamed Kamal, 18

“From this experience, I learnt that Happiness is subjective. Everyone has different definitions and feelings about what is Happiness to them.”

Huang Sihui, 17

“From this experience, I learnt that people have different likings and dislikes. In order to be happy, we must accept other people's likings and be open to understand others.”

Low Xin Yee, 17

“I discovered things about myself and others as well such as we share similar interest or dreams. We could even relate to each other. The songs that I listen to somehow define me.”

Nurdamia Bte Sardi, 18

I was apprehensive about taking on this project, not knowing what to expect and whether I can meet expectations.

“The fears proved unfounded and I am extremely thankful to be able to interact with seniors who give so readily - their stories and experiences, having rehearsals full of laughter, and being able to learn from everyone!”

Yong Yoke Kay, 23

“I didn’t really know what made me happy, which also made me think, am I going to be clueless like this in the future?”

Noorul Marliyyah, 18

“I used to think that seniors may not be as interested to participate in these activities as it requires them to step out of their comfort zone. But now, looking at the way they are having fun, it really shows me that I was wrong. The seniors are very willing to try new things and are open to meet new people!”

Wong Huang Leng, 23

“Happiness is a state of being that begins in the mind. Shared and gifted through the heart, words and actions.”

Jeffrey Tan, 46

“Before It’s a Happy Happy World, I used to think it was too short a rehearsal to travel to so far to. Now I think I wish I do not have to rush off after rehearsals... there are so many reasons to stay and connect deeper.”

Vincent Yong, 38

“I used to think the elderly won’t be active in this programme. They caught me by surprise. I am really impressed by how much they’ve progressed.”

Eve Tan, 46



Guidelines for Intergenerational Work

Both Vincent and myself were invited by the National Arts Council to share our reflections and learning from working on 'It's a Happy, Happy World' at the Arts in Eldercare Seminar 2018 at the Singapore Management University. It was a good opportunity that gave us a space to reflect and articulate our practice and methodology. It was also really nice to hear that from an occupational therapist at the seminar that, "working in [a] home for elderly care, it is very useful to introduce Arts to the elderly to bring self-worth and increase their self-esteem to find happiness".

We would also like to share some considerations for working on intergenerational Community Arts Projects, which we gathered while executing this project.

A. Context

- Be aware of who is in the room.
- Be present.
- What do they need?
- What can we include from the people in the room?
- What can we contribute?

B. Artistic Vision

- As artists we need a big vision of what we might be doing?
- How might we include the participants?
- An open mind to adapt and adjust the artistic vision to the ability of our participants.

C. Research

- This is a very under-valued but extremely important link for all involved.
- Without our neighbourhood walk, both Vincent and myself would never have met Chee Mei of NTUC Health Acting Ageing Hub. Without them, it would have been difficult for us to get the participants and venue for both the workshop and performance.

D. Cooperation

- Communication. Do all involved know what and where we are going?
- Coordination. What resources do we need to help us get to where we need to go? Place? Sound system? Projector? Writing materials?



E. Collaboration

- Deep Listening
- Managing Expectations
- Build Confidence
- Grow Respect
- Supportive Community

- The work is co-created, and thus needs ownership from all parties.
- Get buy in from both partners to participants.
- Check in, and reflect.

F. Co-Creation

- Empathy – Do we know how the other is feeling?
- Empowerment – Do we feel a sense of ownership?
- Process as Product – What does participation mean? How can we build the vocabulary of the participants, generate content, and build a structure for performance?

G. Reflection

- How was it?
- What did we discover?
- What can we do better?
- Revisit objectives.
- What do we need to do next?



Enjoy the process of collaboration!
Jeffrey Tan & Vincent Yong
2018

Special Thanks

Cast

Chia Tien Hua, Mary, 74 (Fashion Designer/Retiree)
Chng Mui Leng, Doreen, 53 (Homemaker)
Chong Choon Jing, Eml, 65 (Retiree)
Chua Lucy, 66 (Homemaker)
Goh Kwan Gek, Tina, 72 (Teacher/ Retiree)
Ho Soh Wah, 70 (Retiree)
Lai Ming Yook, 59 (Opera Singer/ Retiree)
Lee Mool May, 60 (Factory Worker/ Retiree)
Lim Gek Hong, 62 (Homemaker)
Noor Kamariah Binte Mohamed Yassar, 63 (Homemaker)
Noorzakiah Binte Kamari, 59 (Homemaker)
Saroj Kumari d/o Mohan Lal, 64 (Homemaker)
Soh Siew Huay, 67 (Homemaker)
Tan Siow Bee, 68 (Homemaker)
Tan Toh Swee, 66 (Electrician/ Retiree)
Wai Sul Yin, Janet, 62 (Tea Lady/ Retiree)
Wong Mimi, 68 (Tea Lady/ Retiree)
Wong Siew Lan, 64 (Pre-school Chinese Teacher/ Retiree)

Youths

Abu Bakar Bin Mohamed Kamal, 18 (Student)
Low Xin Yee, 17 (Student)
Huang Sihui, 17 (Student)
Nurdamia Bte Sardi, 18 (Student)
Noorul Marliyyah, 18 (Student)

Production

Jeffrey Tan, 46 (Director, Producer, Script Writer)
Vincent Yong, 38 (Somatic Artist)
Eve Tan, 46 (Set Designer)
Zhuo Zihao, 37 (Video Documenter)
Wong Huang Leng, 23 (Stage Manager II)
Yong Yoke Kay, 23 (Stage Manager)

Community Engagement & Partnerships

In Community Engagement & Partnerships, we collaborate with artists, community partners and corporations to bring the arts to where people live, work and play. We aim to engage everyone through the arts to promote self-expression, creativity and social bonding.

About Silver Arts

Silver Arts advocates the meaningful possibilities seniors have in the arts. Organised by the National Arts Council since 2012, Silver Arts is an annual festival dedicated to celebrating seniors and creative ageing. The festival presents collaborations between artists, arts organisations and community partners to foster the arts into the lifestyles of seniors. From performances to workshops, seniors can showcase their creative talents through co-created content or learn a new skill, enhancing their overall well-being. Silver Arts offers opportunities for seniors to share their stories that shape our collective memories, and forge stronger inter-generational understanding.

Artist-led Community Arts Projects enable seniors to share their stories and express themselves through participating in the content creation process. These projects consist of a series of arts-based, experiential sessions for a small group of senior participants, and can include intergenerational participation. The final artworks or performances will be showcased during Silver Arts Festival.

If you are keen to get involved, contact us at:
nac_artsforall@nac.gov.sg

Find out more at silverarts.nac.gov.sg



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